

**SLEEP DIAGNOSTICS OF NEW YORK, INC.**

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**Physician Referral Form for Sleep Study**

**\*Please complete and include a copy of the insurance card**

Date: \_\_\_\_\_

**Patient's Name** \_\_\_\_\_

(Print) Last First MI

Home Phone: \_\_\_\_\_ Work Phone \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Sex: \_\_\_ Male \_\_\_ Female DOB: \_\_\_\_\_ S.S# \_\_\_\_\_

Marital Status: \_\_\_ M \_\_\_ S \_\_\_ D \_\_\_ W Age: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

**Insurance Information:**

Name of Insurance: \_\_\_\_\_

Policy ID #: \_\_\_\_\_

Name of Insurance policy holder: \_\_\_\_\_

Phone Number: \_\_\_\_\_

**Primary Physician:**

\_\_\_\_\_ Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

Address: \_\_\_\_\_

**Referring Physician:**

\_\_\_\_\_ Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

Address: \_\_\_\_\_

**Sleep Habits and Patterns:**

1. Snore \_\_\_ Yes \_\_\_ No # of years \_\_\_\_\_

2. Witnessed Apnea by: \_\_\_\_\_

**Epworth Scale:** (Chance of dozing on a scale of 0-3)

0=Never 1=Slight 2=Moderate 3=High

1. Sitting and reading: \_\_\_\_\_ 4. Lying down in the afternoon: \_\_\_\_\_

2. Watching television: \_\_\_\_\_ 5. Sitting talking with someone: \_\_\_\_\_

3. Sitting inactive in public area: \_\_\_\_\_

**PSG Protocol:** \_\_\_ PSG \_\_\_ CPAP(as clinically indicated) \_\_\_ PSG Insomnia \_\_\_ PSG MSLT

\_\_\_ Night Time Oxygen (*Request must be followed with a prescription with liter flow duration*)

**Dental Protocol:** \_\_\_ Dental Evaluation/Oral Appliance (as clinically indicated)

Clinical Notes: \_\_\_\_\_

**Physician Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_